



## **CLIENT CARE INFORMATION SHEET**

### **WHAT TO EXPECT AFTER CROWN AND BRIDGE TREATMENT**

#### **CARE OF TEMPORARY CROWNS**

The temporary crown will not look as good or be as smooth as the permanent crown.

- Be gentle with the temporary crown as it is not as strong as a permanent one.
- Brush normally but don't floss around the temporary crown.
- Avoid chewing/biting on hard or sticky food.

Temporary crowns may pick up stains from highly coloured food and drink, e.g. tea/coffee, curry or red wine.

#### **PAIN RELIEF**

It is not unusual to experience discomfort and tenderness for at least 3-4 days following your crown and bridge treatment. The anaesthetic will wear off after approximately 2 – 3 hours.

You may experience general ache, tooth sensitivity and/ or gum tenderness.

- When you first begin to feel some discomfort, take a pain reliever such as Ibuprofen or Paracetamol. Further pain relief may be required for 3 – 4 days.

#### **PLEASE CONTACT US**

If you experience any of the following symptoms please do not hesitate to immediately contact our office or phone your dentist if it is after hours.

- Temporary crown has come off
- Temporary crown feels high
- Continual throbbing sensation